

Erasmus+ learning agreement – School education staff mobility-courses and training
Project code: PNRR_2023-1-IT02-KA121-SCH-000122533

Erasmus+ learning agreement

1. Purpose of the learning agreement

This learning agreement defines the conditions and expected outcomes of a learning mobility organised within the framework of the Erasmus+ programme. Parties in this agreement shall abide by the programme's rules and quality standards.

2. Information about the learning mobility

Field	School education
Activity type:	Staff Mobility
Mode:	Physical
Start date:	25/08/2025
End date:	30/08/2025

3. Parties to the learning agreement

The learning agreement is concluded between the participant in the learning mobility, the sending organisation and the hosting organisation.

3.1. Participant in the learning mobility

Full name:	Pier Giorgio Basile
Address:	Via Montello, 72 67051 Avezzano (AQ)-ITALY
Email:	piergi.basile@gmail.com
Phone number(s):	+39 347 6176576

Full name:	Daniela Palma
Address:	Via Monsignor Bagnoli, 74 67051 Avezzano (AQ)-ITALY
Email:	palmadaniela@virgilio.it
Phone number(s):	+39 328 2763522

Full name:	Amicuzi Tiziana
Address:	Via Don Luigi Sturzo, 15 67051 Avezzano (AQ)-ITALY
Email:	tamicuzi@libero.it
Phone number(s):	+39 340 5798413

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Full name:	Teresa Braganza
Address:	Via Opi, 39 67051 Avezzano (AQ)-ITALY
Email:	braganzateresa4@gmail.com
Phone number(s):	+39 346 3107671

3.2. Sending organisation

Organisation name:	Istituto Comprensivo "C.Collodi-L.Marini"
Address:	Via Bolzano, 27 67051 Avezzano (AQ)-italy

3.3. Hosting organisation

Organisation name:	Europass Teacher Academy-Athena Single Member S.A.
Address:	El. Venizelou Ave 78, 17676, Kallithea, Greece

4. Learning context

At the sending organisation, the participant is currently working in the following capacity:	
Pier Giorgio Basile	
Job title:	Principal
Main tasks:	He is responsible for the overall management of the school, including staff coordination.

At the sending organisation, the participant is currently working in the following capacity:	
Daniela Palma	
Job title:	Lower Secondary school teacher
Main tasks:	She currently works as an Italian language and literature teacher in lower secondary school and she is in charge of the projects connected with the school library.

At the sending organisation, the participant is currently working in the following capacity:	
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Tiziana Amicuzi	
Job title:	Teacher
Main tasks:	She currently works as a primary school teacher

At the sending organisation, the participant is currently working in the following capacity:	
Teresa Braganza	
Job title:	Teacher
Main tasks:	She currently works as a primary school teacher

5. Learning outcomes

The parties have agreed that the following learning outcomes should be achieved during the learning mobility:

Outcome 1: Understand the impact of stress on teachers and students

Outcome 2: Apply practical stress relief techniques in educational settings

Outcome 3: Use AI tools to manage stress and build emotional resilience

Outcome 4: Develop personalized stress management plans using AI technologies

Outcome 5: Implement strategies to foster a balanced and supportive classroom environment

Outcome 6: Design and implement AI-driven mindfulness activities

6. Learning programme and tasks

To achieve the agreed learning outcomes, the participant will complete the following activities and tasks during their mobility activity.

Activity / task 1: Introduction to the course

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Description:	Introduction to the course, the school, and the external week activities; Icebreaker activities; Presentations of the participants' schools; Identifying and mapping personal stress triggers and responses.
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Activity / task 2: Emotional management and stress awareness in education; Managing stress: mindset, beliefs, and resilience

Description:	Understanding the impact of stress on teachers and students; Exploring limiting beliefs about stress and resilience; The role of mindset in managing stress; Understanding mindfulness principles.
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Activity / task 3: AI for stress management, self-reflection, and journaling

Description:	Understanding mindfulness principles; The 9 mindfulness attitudes; Practical everyday mindfulness activities and guided meditations using AI
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Activity / task 4: AI-powered behavioral techniques for stress management

Description:	Techniques for identifying and managing emotions effectively; Dealing with Intrusive thought , negative thought patterns, helpful applications; Journaling for reframing and emotional management, creating prompts for journaling with AI
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Activity / task 5: Course closure and cultural activities

Description:	Course evaluation: round-up of acquired competencies, feedback, and discussion; Awarding of the course Certificate of Attendance
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7. Monitoring, mentoring and support during the activity

7.1. Responsible persons at the hosting organisation

The following person(s) at the hosting organisation are tasked with introducing the participant to their activities and tasks at the hosting organisation, providing practical support, monitoring their learning progress, supporting them to achieve the expected learning outcomes, and helping them to integrate into the daily routines and the social context at the hosting organisation.

Full name:	Foteini Tsioutsia
Job title:	Legal Representative
Email:	greece@europassnetwork.eu
Phone number(s):	+30 697 2864044

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Responsibilities:	Legal Representative
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7.2. Responsible persons at the sending organisation

The following person(s) at the sending organisation are tasked with following the participants' progress and providing content or practical support from the side of the sending organisation.

Full name:	Annarita Frabotta
Job title:	Erasmus Coordinator
Email:	annaritafrabotta80@gmail.com
Phone number(s):	+39 3383724269
Responsibilities:	Mentor and contact for administrative matters

7.3. Mentoring and monitoring arrangements

As a minimum, the monitoring and mentoring arrangements will include the following activities:

- Activity 1: before the mobility, the project team will be supporting the participants in the selection and booking phase; a few days before teacher's departure, the project team will contact the course provider to ensure that everything is fine.
- Activity 2 : during the mobility the project team will be available for receiving any possible problem indications from the teachers abroad.
- Activity 3 : after the course the project team will submit the participants a satisfaction questionnaire for quality management issues; the project team will also assist the participants in the implementation of dissemination activities.

8. Evaluation of learning outcomes

After the mobility activity, the participant's learning outcomes will be assessed in the following way:

Evaluation format:
Presentations to school staff, integration of activities in everyday work, certificate from the host organization upon passing the objectives of the course.

Evaluation criteria:
Feedback from participants in staff assembly and workshops, pedagogical documentation and assessment of progress in teaching

Evaluation procedures:
Presentation to school staff and integration of learning into school activities will be valued by the sending organization.

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The hosting organization will assess the activities and attendance at the course.

9. Recognition of learning outcomes

The learning outcomes attained by the participant will be recognised in the following way:

Recognition conditions:

Learning outcomes to be registered by the sending organization in participant's personal employee file.
 Participation of at least 80% of the course required for the Certificate of Attendance.

Recognition procedures:

Sending and hosting organization are responsible for recognition procedures.
 Erasmus+ Learning agreement will be signed by all parties before the course.

Recognition documentation:

Certificate of Attendance.

10. Reintegration at the sending organisation

Following the completion of the mobility period, the participant will be reintegrated at the sending organisation in the following way:

Reintegration destination:

Not applicable

Reintegration conditions:

Not applicable

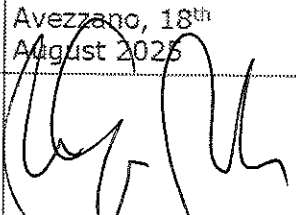
11. Additional provisions


Not applicable

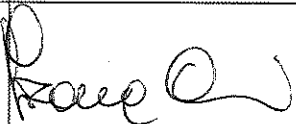
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12. Signatures

The signatories confirm that they understood and approve the content of this agreement.


Participant	
Full name:	Pier Giorgio Basile
Date and place:	Avezzano, 18 th August 2025
Signature:	

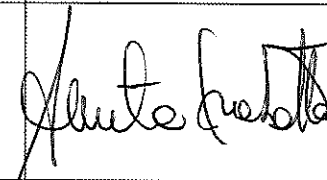
Participant	
Full name:	Daniela Palma
Date and place:	Avezzano, 18 th August 2025
Signature:	

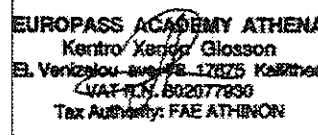
Participant	
Full name:	Tiziana Amicuzi
Date and place:	Avezzano, 18 th August 2025
Signature:	

Participant	
Full name:	Teresa Braganza
Date and place:	Avezzano, 18 th August 2025

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Signature:	
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For sending organisation	
Full name:	Annarita Frabotta
Position:	Erasmus Coordinator
Date and place:	Avezzano, 18 th August 2025
Signature:	

For hosting organisation	
Full name:	Foteini Tsioutsia
Position:	Legal Representative
Date and place:	Athens, 18.08.2025
Signature:	 EUROPASS ACADEMY ATHENA Kentro Xenias Glosson El. Venizelou - ave. 17825 Kallithea VAT P.I.N. 602077630 Tax Authority: FAE ATHINON